

# SPA SERVICES

## Massage

1/2 hr. Massage	\$69
Back Exfoliation with 1/2 hr. Massage	\$79
1 hr. Executive Massage	\$89
Stimulating Peppermint Impact Body Massage	\$109
Soothing Mandarin Body Massage	\$109
Hot Stone Therapy Massage	\$130
Pregnancy Massage	\$89

## Classic Body Treatments

Smooth Infusion Exfoliation	\$90
Caribbean Therapy Exfoliation	\$110
Refining Executive Wrap	\$135
Detoxifying Aveda Wrap	\$135



## Gift Certificates Available



## Salon & Spa Hours

Monday - Friday	9 am until 9 pm
Saturday	9 am until 4 pm

All prices are subject to change  
Prices do not include GST  
Gratuities not included

# SPA ETIQUETTE

## Cancellation

We require 48 hours cancellation notice of Spa packages or any bookings of 2 or more services. Single services, a minimum of 24 hours cancellation notice. A cancellation fee of 50% will be charged without proper notice. Group packages of 2 or more require a deposit at the time of booking.

## Arriving Early

We kindly ask you to arrive 15 minutes prior to your scheduled service. This will enable you time to check in, change, relax and unwind.

## Arriving Late

Arriving late will deprive you of valuable treatment time. To avoid delaying our next client, your treatment time will end at the specified time regardless of how late you arrive, or you may choose to rebook.

## Children & Salon

For your enjoyment and the consideration of other guests, children under the age of 12 are not permitted in the Spa area unless they are receiving treatment themselves. We ask that young children are carefully looked after to prevent discomfort to fellow customers.

## What to Bring

We encourage you to complete your Spa service with a make-up application or enjoy a hair service with one of our Professionals. Please bring sandals if you are receiving a pedicure.

## Smoke Free Environment

We are concerned about your health, beauty and environment, therefore our Salon & Spa is smoke free.

## Cell Phones & Pagers

As a courtesy to all of our guests and in order to maintain a relaxing environment, we ask that cell phones and pagers are turned off.

Our price structure reflects the education level of our stylist team, which is determined by advanced training and practical experience.

# THE ROCK SALON & SPA INC



AVEDA  
concept salon

6 Perron Street  
St. Albert, AB T8N 1E4  
(780) 458.3538  
[www.therocksalon.com](http://www.therocksalon.com)

## Ladies Cut



Master Stylist	\$65 - \$95
Senior	\$58 - \$64
Intermediate	\$50 - \$57
Junior	\$45 - \$50
Fringe Trim	\$15

## Mens Cut

Master Stylist	\$55
Senior	\$45
Intermediate	\$40
Junior	\$35

## Special Occasion

Bridal Hair	\$85 - \$99
Updo	\$75 - \$85
Occasion Styles	\$65 - \$75

## Make-Up

Make up	\$55
Make-up Lesson	\$69

## Aveda Hair Color

Full Spectrum Hair color 97% naturally derived and damage free.

Color	\$85+
Single Color Foil	\$110 - \$185
Multi Color Foil	\$135 - \$220
Blonding Double Step	\$125 - \$220
Color Blocking	\$130+
Color Correction	Upon Consultation
Shampoo & Blowdry	\$30 - \$50

All color prices are estimates only and charged separately. Prices vary on length and condition of hair.

## Curl

Perm	\$100 - \$155+
Specialty Wrap	\$165 - \$250+

## Relaxer

Relaxes natural curl or permed hair  
Upon Consultation

## Hair Facial

Aveda exclusive pure plant deep custom conditioner with 15 minute scalp massage and blowdry \$75+

## Facials

Executive Facial (Balancing)	\$109
All Sensitive Facial	\$125
Sea Science Clay Facial (Deep Cleanse)	\$125
Radiance Facial (Natural microdermabrasion)	\$135
Outer Peace Acne Relief Facial	\$135

## Hand & Foot Therapy

Executive Pedicure	\$72
Executive Manicure	\$48
Hot Stone Pedicure	\$87
Hot Stone Manicure	\$63
French Pedicure or Manicure	add \$15
Paraffin Feet or Hands	add \$15

## Hair Removal (Waxing)



Brow Shaping	\$24
Upper Lip	\$20
Chin	\$20
Sides of Face	\$20
Face (includes brow)	\$70
Arm (upper or lower)	\$40
Full Arm (shoulder to finger)	\$60
Lower Leg (knee to ankle)	\$45
Upper Leg (includes bikini)	\$79
Full Leg (includes bikini)	\$95
Bikini	\$45
Brazilian	\$75
Under Arm	\$27
Chest or Back	Starting at \$75

## Tinting

Lash Tint	\$29
Brow Tint	\$20



# SPA PACKAGES

for women & men



## Beautifully Balanced

Executive Facial	
Executive Pedicure	
Executive Manicure	\$ 218
With 1 hr Massage	\$ 302

## Men at Work

Sea Science Facial	
Executive Pedicure	
Aveda Back Exfoliation with 1/2 hr Massage	\$ 262

## Perfectly Polished

Smooth Infusion Exfoliation	
Hot Stone Pedicure	
Radiance Facial (Natural Microdermabrasion)	\$297

## For The Bride

Trial Updo & Make-up (1 week before)	
Updo & Make-up (Wedding Day)	\$ 293

## Diamond Mind Day Package

Radiance Facial	
Pedicure with Paraffin	
Manicure with Paraffin	
Soothing Mandarin Body Massage	
Smooth Infusion Exfoliation	
Aveda's Exclusive Hair Facial	
Brow Shaping	
Classic Lunch	
Hand Relief 40 ml	
Foot Relief 40 ml	\$ 589

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